



**RTO
ERO**

A better future,
together
Ensemble pour
un avenir meilleur

District 36
Peterborough

Winter 2024 Newsletter

<https://district36.rtoero.ca>

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Coming Events:



- Feb. 9 **Mapleridge Trivia & Pub Night**
- Feb. 14 **Valentine’s Day** 
- Feb. 19 **Family Day**
- Feb. 21 **Smitty’s Brunch**
- Feb. 27 **Pub Night at the Black Horse**
- Mar. 20 **Smitty’s Brunch**
- Mar. 26 **Pub Night at the Black Horse**
- Mar. 28 **Retirement Planning Workshop**
- Mar. 29 **Good Friday**
- Apr. 1 **Easter Monday**
- April 17 **Smitty’s Brunch**
- April 30 **Pub Night at the Black Horse**
- May 1 **80+ Birthday Party** 
More information to follow...
- May 15 **Smitty’s Brunch**
- May 28 **Pub Night at the Black Horse**
- June 13 **AGM (Annual General Mtg)**
More information to follow...
- Sept. 5 **No Bells Get-together**
More information to follow...
- Dec. 4 **Christmas Luncheon** 
More information to follow...



Message from your President...



EVERYTHING OLD IS NEW AGAIN

This is especially true for New Year's Resolutions. Some of the ones we made in January may have already gone by the wayside. But there are a few that have probably been made before, but I think are great to revisit for 2024.

Mindful Eating – Eating healthy has always been important and with the rising cost of groceries has become more difficult. One way to decrease costs is to make a dish that will generate leftovers. Two meals for the price of one.

Staying Active – As a person who has maintained lifelong physical activity, I cannot stress this enough. It doesn't need to be as extreme as a triathlon or a marathon but just 30 minutes a day of walking is sufficient. Not only does this help to maintain physical health but a walk outside on a nice day does wonders for our mental health as well.

Regular Health Checks – We need to remember to keep up with regular health checks. This includes taking prescribed medications on time, monitoring health parameters, and seeking medical advice when necessary. Remember to drink ample water and get plenty of sleep.

We want all our members to be able to partake in all the social activities we have planned. Hopefully some of you will be able to make it to one of our breakfasts or Pub Nights.

While we don't know what 2024 will have in store for us, I hope all of you can make the most of it for yourselves. Take time for yourself. This is not being self-ish, it's good for the soul. When we were working, we chuckled at what we used to call "mental health days". Little did we know they really were and continue to be important.

For those members who are 80+ years young, there will be a special celebration for you that is planned for May 1st. More information will follow. After that, our next major event will be the Annual Meeting which will be held on Thursday, June 13th. We have made some exciting changes to the format and more details will be in the next newsletter.

From now until spring, enjoy winter and perhaps revisit some of your own New Year's Resolutions.

Lorraine Knowles
RTOERO District 36 President

president36@districts.rtoero.ca

705-930-7582



Retirement Planning Workshop



An in-person Retirement Planning Workshop will be held at the Holiday Inn in Peterborough on **Thursday, March 28, 2024** beginning at 4:30 p.m. Check-in time is 4:00 p.m.

Please pass this information onto your friends and colleagues in preparation for retirement.

The comprehensive session covers:

- Benefits of activating your free RTOERO membership while you're still employed
- Planning for your financial future
- Your pension
- Health benefit for retirees, including the advantages of group insurance
- How RTOERO benefit plans can help secure your future
- Retirement insights from your peers

To register:

<https://rtoero.ca/events/event-rpw-detail/?id=ea3157c6-6dbc-ee11-9079-6045bd60815e>

TELUS Exclusive Partner Program

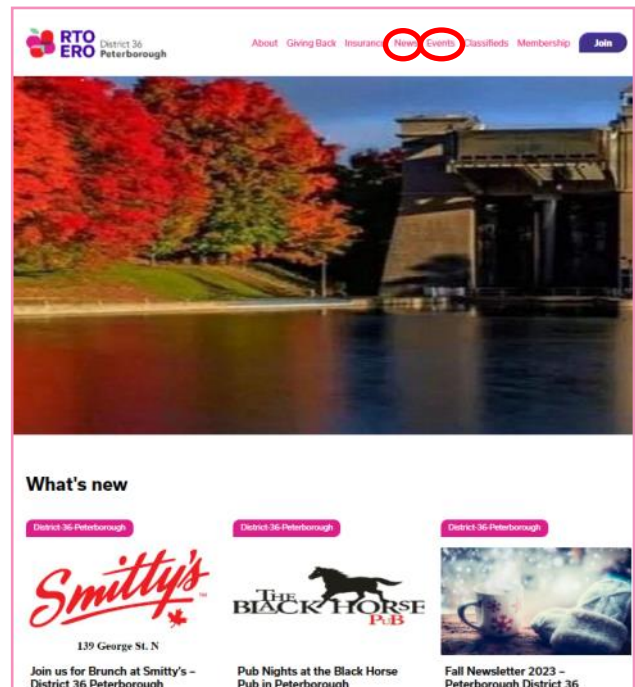


New: discounted phones and rate plans for RTOERO members

RTOERO has partnered with Telus to bring exclusive savings to RTOERO members on cellphones, rate plans, high-speed internet, SmartHome Security, health solutions and more. Visit rtoero.ca/telus and complete the quick form to access your offers.

Visit our District Website

<https://district36.rtoero.ca>



Our Peterborough District 36 website continues to be a source of information for our members. It is updated regularly so that members can easily access information about upcoming events, news and contact information.

Along with the newsletter, e-blasts and Facebook page, the website is part of the communication efforts with our members. By clicking on the tabs at the top of the website, you can easily access the most current "News" and "Events" items.

About Giving Back Insurance **News** **Events** Classifieds Membership

NEW: Events now appear in Calendar Format. You can now toggle between District Events, RTOERO Events, or both!

Be sure to visit the site to stay-up-to-date with the good work and highlights of District 36 Peterborough.





District 36 Peterborough was proud to sponsor two films at the annual ReFrame Film Festival which ran from January 27 to February 4 both in person at Peterborough venues and virtually across Canada. We sponsored “Plastic Fantastic” which deals with the global plastic crisis and “The City We Want” which was a series of 2 minute vignettes created by students with Kawartha Pine Ridge District School Board in which they describe the city they live in 2044 after 20 years of climate change action by the City of Peterborough.



Follow us on **Facebook**



[RTOERO District 36 Peterborough](https://www.facebook.com/RTOERO-District-36-Peterborough)

- Events, good news articles, updates, and much, much more!

Intro

RTOERO District 36 Peterborough offers membership, programs & services for teachers, school & board administrators, educational support staff, and college, university faculty in career and in retirement.



Big Brothers Big Sisters

Retired Teachers Wanted!

Make a Difference with Big Brothers Big Sisters of Peterborough!

Calling all retired teachers! Your expertise is needed to inspire and guide the next generation. Join us as a volunteer mentor:

- **Create Lasting Bonds:** Use your experience and skills to make a positive impact on a child's life.
- **Flexible Commitment:** Volunteer on your terms, with the flexibility to fit your schedule.
- **You Choose:** You can provide great experiences either in school or out in the community.
- **Training and Support:** Benefit from our training and ongoing support to make your experience fulfilling.
- **Who We Need:** Retired teachers with a passion for making a difference and a heart for young people.

Ready to ignite change? Visit peterborough.bigbrothersbigsisters.ca/volunteer/ or call (705) 743-6100. Be the difference a child needs!

Brent Shepherd
Executive Director



483 George St. S
Peterborough, ON
K9J 3E6
Office: 705-743-6100
Direct: 705-243-2905



Meet your Executive and see what they do for you...

Name: Annette Thomson
Title: Treasurer



How long have you been on the Executive at RTOERO Peterborough? 10 Years

As the Treasurer of District 36 Peterborough, I have a special role to play in bringing our strategic goals to life. As a non-profit organization, it is important that our local district monies are focused on achieving our goals within RTOERO community.

As Treasurer, I am an officer entrusted with the receipt, care, and disbursement of funds. I maintain, manage, and account for all records related to the finances of the District and I have a fiduciary responsibility to exercise reasonable care for its assets.

Over the past ten years, we have changed from IBank software to Quickbooks on Chromebook, which the RTOERO organization supplies coast to coast. I post all financial transactions in Quickbooks, assist in the development of the annual budget, reconcile monthly bank statements, and provide quarterly updates of Revenues and Expense statements. Year End tasks include preparing an annual Financial Statement to be approved at the District Executive level and then sent on to the CEO of RTOERO and the Finance Department.

I moved to this beautiful area, after thirty plus years of a wonderful teaching career in Oxford County. I do enjoy meeting RTO members at various functions and have been involved with the Community Grants at the local level. I enjoy gardening, cycling, curling and all things outdoors!

“Let your smile change the world but don’t let the world change your smile!”

Name: Shirley Hamilton
Title: Foundation Advocate



How long have you been on the Executive at RTOERO Peterborough? 4 years with Foundation, 2 years as a member at large

Vision: We envision a society in which all seniors live with dignity and respect.

Mission: We invest in programs, research and training to support healthy, active aging for all Canadians. Our activities aim to improve seniors’ health care, end social isolation and combat ageism.

What we do: We focus on building and supporting creative, results-based initiatives to improve seniors’ health care and promote social engagement.

Who we are: The RTOERO Foundation was established in 2011 to raise funds for the creation of an endowed Chair in Geriatric Medicine at the University of Toronto. The position is currently held by Dr. Paula Rochon, Senior Scientist at the Women’s College Research Institute in Toronto. Our mandate was expanded in 2015 to include the annual granting program, which remains the core of our work today. We are the philanthropic partner of RTOERO; an association of 83,000 members across Canada and the largest national provider of group health benefits for education-sector retirees.

My role on the executive is to act as a liaison between the Foundation office and our district. At each meeting I promote the work of the Foundation by providing updates on their current initiatives. I stay up-to-date with the Foundation’s campaigns, events and share these at our meetings and in our newsletters. Each year there are a series of webinars on informative topics, which I view, summarize and present to the executive. I spend 2 – 4 hours per month fulfilling the responsibilities of this role.

Meet your Executive (Cont'd)

Name: Audrey Moore
Title: Awards



How long have you been on the Executive at RTOERO Peterborough? 16 Years

Since 2011, RTOERO District 36 Peterborough has presented our own Merit Awards to deserving high school graduating students of Adam Scott, Crestwood, Kenner, Norwood, Thomas A. Stewart, Holy Cross, St. Peters and PACE. We wanted to recognize a student at each high school who is positive, helpful, demonstrates good citizenship and has made the school a better place by treating others with respect and dignity. A student who has not received multiple graduating awards. The Merit Award includes a cheque for \$200.00 and the name of the recipient is engraved on a plaque which remains in the school case on display. We receive many Thank you letters or emails from the students and schools.

In February, we receive letters from the high schools containing the date, time and place of their commencements. Before graduation, each school staff meets to choose the deserving recipient according to our criteria. Near graduation time and after all letters have been received from the schools, I schedule executive persons who volunteer, to attend the various ceremonies and present the District 36 Merit Awards. I then inform the school head secretary, or VP. I request that if possible the school provide us with a picture for our use along with the candidate's name. At this time, I confirm the name of last year's winner for our records.

Our Treasurer is an essential part of this process. Cheques are issued to the school accounts. A congratulatory letter (which includes the student's permission to publish their future plans and their picture in our newsletter) is sent to be presented along with the cheque. The school engraves the plaque.

At this time, I ensure by phone and/or email with both presenters and schools to ensure the arrangements for each school – location, time, parking, and where to gather to process at the school is understood.

I prepare an article for our district RTOERO Newsletter and a report the following spring for the AGM regarding the successful candidates each year. This is a most rewarding job that shows our dedication as retired Educators to Education and the Future.

Name: Trish Terryberry
Title: Goodwill Coordinator



How long have you been on the Executive at RTOERO Peterborough? 1 Year

I joined RTOERO before retiring as I wanted to still be involved with people and activities. I became a member-at-large and after a few meetings was encouraged to take a more active role as Goodwill coordinator.

My role with RTOERO district 36 is to celebrate member milestones by looking after birthday and Christmas cards. I design and purchase all the birthday and Christmas cards we send out to our members. Each month I receive from RTOERO all birthdates of our 80+ year members. I then address and send out those cards. I also keep a list of members who have moved or changed their status.

At Christmas I purchase, and with help, address, stamp, and label more than 500 cards to our members.

I attend all executive meetings and help at all events with setting up and support. I also attend the membership meetings that pertain to goodwill.



Hello Friends of Age-friendly Peterborough!

Today we are sharing the following information:

Save the Dates

- Living and Aging Well Workshop - Heart Health February 14
- Seniors Showcase - June 19
- Seniors Active Living Fair - March 5

Ways to get Involved

- Volunteer Peterborough

Stay Connected. Stay Active.

- McDonnell Street Community Centre Adult Leisure Activities

Good to Know

- Service Canada: Canadian Dental Care Plan
- Otonabee-South Monaghan Food Cupboard
- New Telemedicine Walk-In Clinic
- Health811
- Ontario Caregiving Organization - Upcoming Webinars
- Continuing Education Upcoming Courses at Trent

<https://www.peterborough.ca/en/city-services/age-friendly-peterborough.aspx>

Money and You Seniors Edition

RTOERO's partner, the Canadian Foundation for Economic Education, has released a new resource to support the financial well-being of older Canadians. Money and You: Seniors Edition includes 14 downloadable modules covering a range of topics to help you:

- Establish or build your base of financial knowledge
- Make wise financial decisions
- Set and achieve goals
- Maintain good financial health, supporting your overall health

Access it here: moneyandyou senioredition.com

RTOERO's Future of Aging Summit brings together leaders, changemakers

Registration is now open at agingsummit.ca for the Future of Aging Summit in Toronto, Canada, from May 15 to 17, 2024. The international event is designed for policymakers, researchers, engineers, designers, planners, community organizers, advocates, and anyone else focused on supporting healthy aging, ending ageism and building age-friendly societies.

Help promote the summit

Consider if you have any contacts in your network who may be interested in attending the summit. For example, members of a municipal age-friendly committee, city planners, or staff at local non-profits that support older adults. Find sample text you can share on the summit site: agingsummit.rtoero.ca/promotion-kit/

Why is RTOERO hosting this event?

The Future of Aging Summit is part of RTOERO's Vibrant Voices Advocacy focus. Through the summit, RTOERO will continue to foster an interconnected network of people across sectors who, like us, believe in a better future—together and want to help create it.



Bob: My wife has the worst timing. I was watching the 18th hole of the golf tournament and she decides we needed to go over our living will.

Jack: What'd you do?

Bob: We filled it out! I told her if I was ever in a vegetative state, living on fluids, just pull the plug!

So she gave me "the look" and unplugged the T.V. and poured my beer down the sink!



The RTOERO Foundation is excited to announce our online 50/50 fundraiser! Purchase your tickets starting February 1st. The prices are 100 tickets for \$100.00, 20 for \$50.00 and 5 for \$20.00. Funds raised by this raffle will be invested in programs, research and training to support healthy active aging for all Canadians. Our activities aim to improve seniors' health care, end social isolation and combat ageism.



RTO Foundation
ERO Fondation

rtoerofoundation.ca
rtoerofondation.ca

"Share the Love"
50/50 CASH RAFFLE
in support of all aging Canadians

« Partagez l'amour »
TIRAGE AU SORT 50/50
au profit de tous les Canadiens plus âgés

416-962-9463 | 1-800-361-9888

Launched Thu Feb 01 2024	Sales End Thu Feb 29 2024	Draw Date Thu Feb 29 2024	Draw Location 4pm in Toronto, Ontario
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Fulford's Luncheon

On November 10th, a group of hungry members enjoyed a lovely luncheon at Fulford's Bistro at Sir Sanford Fleming College. The Culinary class offered a large and varied buffet with many delicious choices beginning with appetizers continuing through to dessert. We were served by eager, polite students and enjoyed a lovely time visiting and catching up with friends we hadn't seen for a while. Sadly, this might be our last chance to appreciate their skills as the programme is not slated to run after April of 2024.





Reflections on ribbon skirts

Written by Shaneeka Forrester for RTOERO, Cree artist, mother and advocate from Brunswick House First Nation, planting roots in Simcoe County, Ontario.

Skirts are traditionally worn in ceremonies by many Indigenous groups across Turtle Island. Different territories have different protocols outlining the types of skirts that can be worn. Ribbon skirts are a style of skirt that has become increasingly popular in recent years and are commonly re-stylized from a modern lens. These are skirts made by Indigenous artists that are adorned with ribbon appliques. Some skirts are made with a solid-coloured cotton fabric and horizontal lines of ribbons across it. It's also common to see multiple variations and interpretations of this piece of Indigenous culture.

Many groups would traditionally wear skirts that go to an individual's ankles. However, ribbon skirts are worn in a variety of lengths today. Some ribbon skirts are created using elaborately designed fabrics with multiple widths of ribbons draped across them. Some can be seen with the ribbons extending beyond the seams, creating a tassel effect. The colours and patterns used to create these skirts is left to the discretion of the creator and wearer. Some individuals will incorporate patterns of florals traditional to their territory or include their clan colours into the ribbons. Others may decide to wear designs and colours that appeal to them for other reasons. Whatever the reason is, these skirts have become a symbol of resurgence, revitalization and connection for many of its wearers.

You may be wondering if ribbon skirts are an appropriate item to wear as a non-Indigenous individual. I would encourage you to consult with Indigenous members from your territory. Some individuals may feel okay with non-Indigenous individuals wearing these skirts

when they are invited into Indigenous spaces, while others may feel they are intended for their community, so it is always best to speak with the creator of the garment directly.



There are many teachings about this traditional skirt and its significance to communities across Turtle Island. I encourage you to seek more information about this garment and its traditional purposes in your territory. These beautiful skirts have a lot of meaning to the individual wearing them. Often, we feel a sense of pride when we wear our ribbon skirts, and they help us connect to our ancestors in a small way. Remember, never touch an Indigenous person's garments without permission.

National Ribbon Skirt Day – Jan. 4, 2024

The second National Ribbon Skirt Day took place on Jan. 4, 2024. The day was inspired by the story of Isabella Kulak, a young girl shamed by a staff member for wearing a ribbon skirt to a formal school event in 2020. When Kulak returned to school after the winter break, she was met by a supportive crowd wearing ribbon skirts, who led her to class. National Ribbon Skirt Day is a chance to build awareness of and protect the traditions of Indigenous communities.

Christmas Luncheon 2023



Our annual Christmas Luncheon was held at the Peterborough Curling Club on Thursday, December 7th with musical entertainment provided by Rob Phillips and Carling Stephen.



Draw winners were:

Vikki Homewood, Cindy MacLean, Valerie Kent, Robert Laing, JoAnne McCrea, Dorothy MacKenzie, Janet Robinson, Karen Hunter, Paula Wagar, Maria Vandenberg, Russ Moore, Marcia Johnson and Russell Izzard









3 mistakes people make when choosing travel insurance cover-

Travel remains a top priority for many RTOERO members –retired and actively employed. It’s important to consider what travel insurance makes the most sense for you at every stage of life, and it can help to know what pitfalls to watch out for.



Mistake 1: Defaulting to the cheapest or most convenient travel insurance plan without checking coverage and eligibility

Don’t default to your credit card coverage or assume you have medical travel coverage as part of your work benefits plan without checking to see what’s included and that it covers your needs. For example, in some credit card plans, coverage is based on age and is limited to a specific length of trip.

Mistake 2: Thinking there’s a one-size-fits-all approach

Choose coverage based on your unique scenario. Remember, your needs can change based on your stage of life.

Mistake 3: Only considering big vacations or cruises as travel and ignoring smaller trips

Travel is any time you step out of your province or territory of residence. When travelling in Canada, trip cancellation and interruption insurance is still necessary, and you may want medical coverage, too. Be sure you know what’s covered under your provincial/territorial health plan should you have medical needs while out of province.

Travel coverage through RTOERO

If you’re already an RTOERO Extended Health Plan member, you have the RTOERO Travel Plan included at no extra cost. RTOERO members not part of the Extended Health Care Plan can access trip cancellation and interruption coverage. It’s multi-trip annual coverage, ideal if you and your dependents travel more than once per year. Visit rtoero.ca/insurance



Goodwill Report



It has been busy over the last few months getting everything ready for Christmas and birthdays. It all went smoothly thanks to a lot of helpers. We continue to grow with more members.

If you know of any member who is seriously ill or shut-in, please notify us. Also let us know of the passing of any of our members so we can make a charitable donation in their memory.

**...by Trish Terryberry
Goodwill Coordinator**



Card Signing: *Karen Vandenberg, Trish Terryberry, Lorraine Knowles, Hilda Jolley, Georgina Eldridge, Lorna Izzard*



We hope you are enjoying our new look!

All members who have an email on file at RTOERO will only receive the bright, **colourful** newsletter electronically. Those members who have no email address will continue to receive their newsletters in print format.

The newsletter is published four times a year (Spring, Summer, Fall and Winter) and we welcome contributions from district members and/or suggestions for articles you would like to see in our next newsletter. Contact *Lorna Izzard, Newsletter Editor*, or by email: rto36communications@gmail.com with your contribution and/or suggestions.

Not receiving the newsletter? Please contact *the RTOERO office*:

18 Spadina Road,

Toronto, Ontario M5R 2S7

Phone: 416-962-9463

Toll Free: 1-800-361-9888

Fax: 416-962-1061

Email: info@rtoero.ca

NOTE: *All email and mailing addresses are updated through head office ONLY.*

FUN FACT Check your Junk mailbox if you have not received your electronic newsletter in your Inbox.

Q. What kind of award did the dentist receive?

A. A little plaque

Join the Peterborough New Horizons Bands!

Calling all woodwind, brass, and percussion musicians! Come join the fun and be part of a great group of people called **The Peterborough New Horizons Bands!**



Maybe you played 30 years ago and want to start again? Our beginner group practises Monday mornings, and the other groups practise Wednesday morning or afternoon depending on the level, during the day at Living Hope Church in Peterborough.

Term 2: Starting the week of January 8, 2024
Term 3: Starting the week of March 6, 2024

Send us a Facebook message or email pnhb.music@gmail.com for more information.



Audrey Keitel and Marcia Johnston



“A cup of coffee shared with a friend is happiness tasted and time well spent.”

Kids are *funny!*

My 3-year-old, Jessie, loves playing with a slinky. One day it became too stretched out, so she sasked me to fix it. I said, “I think it’s all out of whack now, honey.” Jessie looked disappointed and replied, “Well, where can we buy more whack?”

5 + 2: a simple equation for protecting yourself from scams

None of us are immune to falling victim to scams. Being aware of the risk of being scammed is essential, but still, we may be drawn in by a too-good-to-be-true type offer that seems perfectly matched to our wants and needs.

Detective Constable John Armit from the Ontario Provincial Police (OPP) was interviewed by the CBC this year and offered a simple equation to protect yourself. He says, “Take five and tell two.”

If you receive a pitch – by email, text, phone or any other source, take five minutes to think about it. Don’t respond right away. And talk to at least two other people about it before doing anything.

Source: [cbc.ca/news/canada/toronto/fraud-scams-tips-avoid-ontario-1.6764432](https://www.cbc.ca/news/canada/toronto/fraud-scams-tips-avoid-ontario-1.6764432)



ENTENTE Group Insurance Program

Update about Membership fee collection for 2024

- For 2024, members will pay no more than \$76.50 for their annual membership fee.
- Current members whose 2023 fee was less than \$73 will see an inflationary increase of 4.8% – which is equivalent to the annual inflationary increase for pensions in 2024.
- **The membership fee is waived for members who participate in the Entente Group Insurance Program. The membership fee for these members will be covered by income from long-term investments funded by insurance premiums.**
- RTOERO continues to offer free membership until retirement – or in the first year of joining for those who are already retired.

Next steps

- Members who previously paid their fees by credit card or through pre-authorized debit will be notified by email or mail of the 2024 fee.
- New members who are paying the fee for the first time will be notified by email about the 2024 fee and payment options.
- Members who pay their 2024 fee by Dec. 31 will be entered in a draw for an iPad.
- Members whose membership fee is paid through OTPP pension deduction will receive notices in December and January, as part of their pension statement.

More information

Members in your district who have questions about the 2024 fee should be directed to [membership fee page, including FAQs, on the website](#). If a member has questions, please direct them to the office – membership@rtoero.ca or 1-800-361-9888.

RTOERO			Other*		
Extended health care + hospital + dental					
single \$192.15/mo	couple \$382.44/mo	family \$464.23/mo	single \$202.71/mo	couple \$399.50/mo	family \$479.00/mo
Prescription drugs					
\$3,400 annually - 85% reimbursed ✓ cover ALL prescription drugs			\$4000 annually - 85% reimbursed × NOT ALL prescription drugs covered		
Paramedicals					
\$1,300 All practitioners combined – 80% reimbursed ✓ No doctor's authorization needed			\$1,300 All practitioners combined – 80% reimbursed × Doctor's authorization required for some practitioners × LIMITED reimbursement – per-visit max		
Vision					
\$400 vision correction ✓ 80% every 2 years ✓ \$150 eye exams ✓ 80% every 2 years			\$375 vision correction ✓ 80% every 2 years ✓ \$175 eye exams ✓ 80% every 2 years		
Travel					
\$10 million per insured up to 93 days per trip ✓ \$6,000 trip cancellation/interruption ✓ Private hospital room ✓ \$1,000 lost luggage per trip ✓ \$250/day for meals and accommodation, up to \$5,000 per trip ✓ \$10,000 vehicle return ✓ Guaranteed acceptance for trips longer than 93 days			\$2 Million Per Person up to 95 Days per Trip ✓ \$6,000 trip cancellation/interruption × Semi-private hospital room × No coverage for lost luggage × \$150/day for meals and accommodation, up to \$5,000 per trip × \$2,000 vehicle return × Medical questionnaire for trips longer than 95 days		
Dental					
Basic & preventative ✓ 85% unlimited reimbursement Minor restorative ✓ \$800 - 80% reimbursed Major restorative ✓ \$800 crowns + \$800 bridges, partial dentures 50% reimbursed			Basic & preventative × 80% unlimited reimbursement Minor restorative ✓ \$850 - 80% reimbursed Major restorative × \$750 - 50% reimbursed		

*RTIP Plus 4000 Plan

"I used to do my laps at the mall. But now that I shop online, I log on to the mall's website and walk around my computer!"



Membership Changes



Information taken from RTOERO updates since our last newsletter.

New Members



Steve Collins
Chia-Wen Hsu
Ramune Luminaire
Barbara Romo
Kevin Sullivan

Daphne Ingram
Caroline Oliver
James Pendergest
Teri Strain

In Memoriam



We extend our heartfelt sympathy to their family and friends on the passing of our colleagues.

Michelle Sullivan
Iris Dunse
Brian Fitzgerald
Richard Ingram
Earla Lavender
Helga Lechner
Ronald Scott
Mary-Therese Cartmell
Agnes Gillen
Mary O'Brien

Roberta Patterson
Frank Romo
Marion Swanston
Brian Crangle
Cheryl Gzik
Carol Kirkey-Ryan
Earl Oliver
Nancy Pendergest
Mary Quinlan
Robert Wigle



Trivia & Pub Night

On Friday, February 9th, District 36 Peterborough will present a Community Grant cheque for \$4000 to Mapleridge Recreation Centre to upgrade the technology used for the Trivia nights.



Venngo MemberPerks®

MemberPerks® provides discounts on a wide range of products and services for health and wellness, travel, entertainment, apparel and more. Our members save more than \$200 on average per year.

- Access to thousands of discounts from leading brands and local businesses across Canada
- Hundreds of health and wellness discounts — including GoodLife Fitness
- Savings on everything from travel and restaurants to apparel, computers and entertainment
- An easy-to-use mobile app and website that puts discount and deals at your fingertips wherever you go

MemberPerks® is included with your RTO-ERO membership and is one more reason to [join RTOERO today](#), even if you're not ready to retire.

Getting started with MemberPerks® is easy, click here to activate you account.

<https://rto-ero.venngo.com/login>



Do you want to join us in Honduras?

We invite interested retired teachers to join us on an Education Brigade to Honduras in the summer of 2024! Past Brigade members have agreed that it has changed their lives.

Friends of Honduran Children (FoHC) is a Peterborough based organization founded in 1977. Its mission: to help the children of Honduras, many of whom are impoverished, orphaned, or abandoned. For over 30 years FOHC has been sending Medical, Building, and Awareness brigades of volunteers to Honduras to help provide shelter, health care and education to children in Honduras, enabling them to become productive citizens in their own country.

FoHC's Education Committee, chaired by Libby Dalrymple, a foreign languages teacher at Lakefield College School, plans to take a week long Education Brigade to Nuevo Paraiso children's village in Honduras. Our mission will be to visit schools, interact with students, and work directly with teachers and staff to support their needs and the needs of the students.

A little more background: Honduras is a pretty, mountainous country but the second poorest country in the Western Hemisphere. Many children there are in desperate situations of poverty. In 1966 a Honduran nun, an orphan herself, set out to rescue as many children as she could throughout her lifetime. Through donations and volunteer work she started to build children's villages. One of them is called Nuevo Paraiso (New Paradise), located an hour's drive from the capital, Tegucigalpa. It is a guarded, walled compound with 12 homes – each housing 10 children - plus three schools, a small hospital, a chapel, meeting areas, a children's playground, micro businesses, as well as quarters and a cafeteria for visiting volunteers. It is here that the volunteer brigades are accommodated, and where we will stay.



For more information contact the FOHC office in Peterborough at info@honduranchildren.com or (705) 749-1900 We hope you can join us!



Join us for our monthly events...

Pub Night



425 George St. N.

Last Tuesday of the Month at 6:30 p.m.

February 27, March 26,
April 30, May 28, 2024

Join us for Brunch



3rd Wednesday of each month at 10 a.m.



139 George St.

February 21, March 20,
April 17, May 15



Peterborough District 36 Executive & Board Members



President Political Advocacy	Lorraine Knowles	705-930-7582
Past President	Karen Vandenberg	705-748-3377
Vice President Health Benefits	Kathryn Reynolds	705-743-9620
Treasurer	Annette Thomson	705-991-0712
Secretary Social Media Membership	Hilda Jolley	705-875-7233
Awards	Audrey Moore	705-745-4516
Foundation	Shirley Hamilton	
Goodwill	Trish Terryberry	705-872-1925
Newsletter Editor Website Manager	Lorna Izzard	705-875-1187
Events Coordinator	Georgina Eldridge	705-743-1629
Members at Large		
Barry Breen 705-874-0305	Lynn Self 705-749-6532	
Diane Graham 705-696-2660	Pat Smith 705-748-5964	
RTOERO Office		
Political Advocacy Committee	Lorraine Knowles	705-930-7582

Contact Information



**Peterborough RTOERO
District 36 Website**

<https://district36.rtoero.ca>

(Local news, events and links)

Email: president36@districts.rtoero.ca



RTOERO District 36 Peterborough

 https://rtoero.ca 1-800-361-9888	 https://www.johnson.ca/ 1-877-406-9007
 https://www.otpp.com/en-ca/ 1-800-668-0105	 https://omers.com 1-800-387-0813
Cloud MD https://rtoero.ca/services/cloudmd 1-800-661-8193	Express Scripts https://rtoero.ca/express-scripts-canada-pharmacy/ 1-855-550-6337
 https://rtoero.ca/services/venngo-memberperks/	 https://rtoero.ca/resources/liaison/
 https://rtoero.ca/resources/communique-insurance-plan-updates/	Communiqué https://rtoero.ca/resources/communique-insurance-plan-updates/
Global Excel Management	1-877-346-1467



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