



**RTO
ERO**

**PETERBOROUGH
DISTRICT
NEWS**



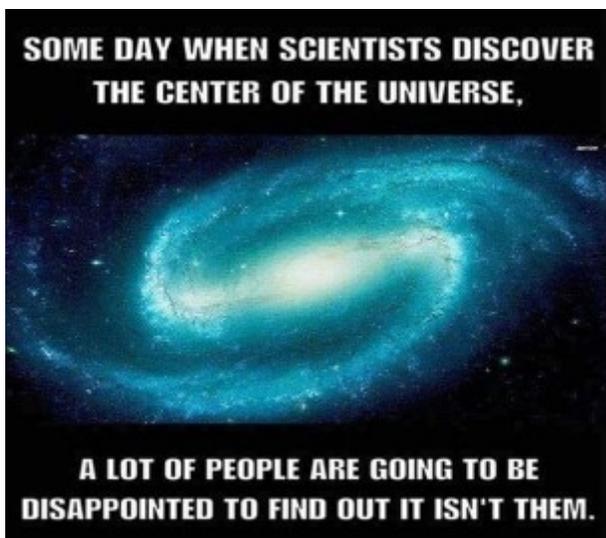
<https://district36.rto-ero.org/>

February 2022



In this issue:

- 2 [Coming Events](#)
- 2 [Environmental Webinar](#)
- 3 [President's Message](#)
- 4 [Editor's Message](#)
- 4 [Venngo Member Perks](#)
- 5 [Benefits Comparison](#)
- 6 [Fall Prevention](#)
- 6 [Improving the aging experience](#)
- 7 [Dementia Strategies](#)
- 8 [RTOERO White Papers](#)
- 8 [Giving Strategies](#)
- 9 [Don Benson - career of change](#)
- 10 [Christmas Luncheon photos](#)
- 12 [Cyber Seniors](#)
- 13 [RTOERO Webinars](#)
- 13 [ACER-CART photo gallery](#)
- 14 [Food for Kids](#)
- 14 [Award of Merit](#)
- 15 [New Members](#)
- 15 [In Memoriam](#)
- 16 [Contact Information](#)
- 16 [District Executive](#)



Webinar presented on environmental stewardship

The first webinar of the 2022 *Vibrant Voices* series, *Creating a lasting legacy through environmental stewardship*, was held on January 25 and featured award-winning scientist, environmentalist, author and broadcaster Dr. David Suzuki.



He contextualized our current climate crisis, illustrating its intersection with politics, economics and anthropocentrism. And while we find ourselves in climate emergency, Dr. Suzuki emphasized that hope lies in action. He inspired and challenged webinar attendees to use the power of one and the power of many to help restore mother earth.

The session, attended by over 1,300 viewers from Canada, the United States and Europe, was recorded and is [available on Vimeo](#) (password: nature) until March 25, 2022.

It's not that I don't believe there are horse drawn carriages. I just don't understand how they hold the pen.



Mark your calendar....

June 16 District 36 Spring Luncheon at Elmhursts
watch for more details in the next newsletter

We look forward to more events in 2022

... from the President



Just when you thought it was safe to go back into ... public

Well, our reprieve was short-lived. Four months ago, we were on the verge of feeling confident that we could begin to go about our daily business similar to what we had before. Who knew Covid would throw us another curve. Omicron certainly doesn't follow one of the rules we all learned in Kindergarten – play nice with others.

Instead, we have had to endure another roller coaster of lockdowns, restricted activities and more sickness. However, what has greatly assisted our membership is the fact so many of us have been vaccinated with 2 doses of vaccine and many of us have had the booster. In this latest version of Covid, the science community agrees that while Omicron has been more easily transmitted, it has tended not to be as lethal. This is especially true for those members who have been vaccinated and “boostered”.

On December 9, 2021, just before the emergence of Omicron, RTO District 36 hosted our Holiday Luncheon at the Stonehouse Hall at the Peterborough Curling Club. Over 100 of our members came together that day socializing and celebrating just being together in person. The Stonehall staff and your Executive followed all the Covid protocols on that date and I'm very proud to say, not one case of Covid was linked back to our event. Everyone had a marvellous time being together, the food was great, and the draw prizes were popular. I can say without hesitation, it was a fantastic day! Many thanks go to your social convenor, Georgina Eldridge for being the lead of this event.

We continue to support our working colleagues during these very challenging times as well as our senior members. District 36 voted to send out Holiday Cards to all members who are 75 years of age and above. All of whom who are young at heart. The cards were completed by our good-will rep, Judy-Anne Tumber, and

were very well received. We also sent birthday cards in October to all members who were 80 years and above. Even in this age of technology, the Executive felt receiving a tangible birthday greeting was important. However, we are going to change our birthday card format for 2022. In the past, we sent all the birthday cards out in October. However, we asked for a list with just birthday months listed so our plan for this year is to send each 80+ member a birthday card in the month their birthday falls. This will be in addition to what we hope will be our annual birthday celebration in October 2022.

Another item of importance for 2022 are some changes to our benefit plan. Many of you will have received the Communicue where these changes are listed. Of main interest is the changes to the dental plan. Two others are the addition of Occupational Therapists to the list of paramedical practitioners and the ability to join ExpressScripts for those who might struggle to get to a pharmacy for regular (non-emergency) prescriptions. More detail is available on-line on the RTOERO website. February is also the month where Johnson Insurance will mail out your benefit summary for 2021 for income tax purposes. Lots of good stuff is happening both locally and at the national level.

As we weather through winter, continue to take good care and hopefully by spring, we will all be able to come out of hibernation and see one another again. We are planning our AGM luncheon in June which will be at Elmhirst Resort. More details to follow in the coming months. Take good care and stay safe everyone.

Lorraine Knowles

president36@districts.rtoero.ca

705-930-7582

... from the Editor



Zooming along...

Covid 19 has been with us now for almost two years and many of us are reluctantly adjusting to what is now a new normal, conducting our business over Zoom instead of meeting in person. I continue to be thrilled at how our staff at 18 Spadina in Toronto have maintained service while working exclusively at home. Even so, it will be great to get back together. Electronics can never replace in-person get-togethers.

The same thing is happening in our personal lives as we adjust to social distancing and masks in an effort to stay safe and bring an end to the pandemic. Hopefully, soon.

Featuring our members

We love to feature articles about our members. The one in this issue is about a former principal of mine, Don Benson, who gifted my

wife and I our very first pet, a kitten we gave the appropriate name “Demon.”

We would love to hear suggestions for members to profile, their careers and what they are accomplishing post-retirement. Please contact me with possible names. Newsletters are better when we profile our readers. Get in touch. You don’t even have to provide a pet.



ACER-CART Executive’s January Meeting

I went looking for love on a carbon dating website. To be honest, the choices aren’t great.

When I was young I wanted to play the guitar really badly. Now, after years of practice, determination and hard work, I can play the guitar really badly.

Pro tip: If you stir coconut oil into your kale, it makes it easier to scrape it into the trash



Venngo MemberPerks is a discount program that’s available to all RTOERO members. You can save on a vast range of products and services, including dining, travel, clothing and shoes, technology, health and fitness, financial and professional services and much more. RTOERO members collectively saved over \$55,000 during the first three months of 2021. Members save an average of \$200 in an average year using MemberPerks discounts.

How to activate your account

Visit the Venngo MemberPerks page at rtoero.ca/services/venngo-memberperks/ to activate your account and start browsing the savings. You’ll need your **RTOERO membership number** to set up your account. You can also download the mobile app. RTOERO members who use Venngo recommend checking the app for discounts before making purchases.

Save with RTOERO

Compare 2021 health benefits for education retirees

RTOERO			OTHER*		
Extended Health Care + Hospital + Dental					
SINGLE \$190.38/mo	COUPLE \$378.94/mo	FAMILY \$459.97/mo	SINGLE \$202.71/mo	COUPLE \$399.50/mo	FAMILY \$479.00/mo
<small>tax incl., may differ slightly outside Ontario due to provincial tax rates</small>					
ANNUAL COST SAVINGS WITH RTOERO					
SINGLE \$147.93/year		COUPLE \$246.72/year		FAMILY \$228.34/year	
Prescription Drugs					
\$3,400			\$4,000		
ANNUALLY - 85% REIMBURSED			ANNUALLY - 85% REIMBURSED		
✔ covers ALL prescription drugs			✘ NOT ALL prescription drugs covered		
Paramedicals eg: massage therapy					
\$1,300			\$1,250		
ALL PRACTITIONERS COMBINED - 80% REIMBURSED			ALL PRACTITIONERS COMBINED - 80% REIMBURSED		
✔ No doctor's authorization needed			✘ Doctor's authorization required for some practitioners		✘ LIMITED reimbursement - per-visit max
Vision					
\$400		\$150		\$375	
VISION CORRECTION		EYE EXAMS		VISION CORRECTION	
✔ 80% - Every 2 years		✔ 80% - Every 2 years		✔ 80% - Every 2 years	
✔ 80% - Every 2 years		✔ 80% - Every 2 years		✔ 80% - Every 2 years	
Travel					
\$10 million			\$2 million		
PER INSURED UP TO 93 DAYS PER TRIP			PER PERSON UP TO 95 DAYS PER TRIP		
✔ \$6,000 trip cancellation/interruption	✔ \$250/day for meals and accommodation, up to \$5,000 per trip	✔ \$10,000 vehicle return	✔ \$6,000 trip cancellation/interruption	✔ \$150/day for meals and accommodation, up to \$1,500 per trip	✔ \$2,000 vehicle return
✔ Private hospital room	✔ \$1,000 lost luggage per trip	✔ Guaranteed acceptance for trips longer than 93 days	✘ Semi-private hospital room	✘ No coverage for lost luggage	✘ Medical questionnaire required for trips longer than 95 days
Dental					
Basic & Preventative			Basic & Preventative		
85% UNLIMITED REIMBURSEMENT			80% UNLIMITED REIMBURSEMENT		
Minor Restorative			Minor Restorative		
\$850 - 80% REIMBURSED			\$750 - 80% REIMBURSED		
Major Restorative			Major Restorative		
\$800 CROWNS + \$800 BRIDGES, PARTIAL DENTURES 50% REIMBURSED			\$700 - 50% REIMBURSED		

*RTIP Plus 4000 Plan

Fall Prevention

- * Talk to your doctor about any potential side-effects of your prescriptions (i.e. dizziness, lowers blood pressure)
- * Remove area rugs or secure the edges down
- * Ensure your home has sufficient lighting especially your stairs, steps and hallways
- * Wear well-fitting footwear at all times (inside and outside!)
- * Install handrails on both sides of all steps and stairways



 @RTO_Foundation #PreventFalls #BeReadyBeSteady

Improving the aging experience

Since 2011 the RTOERO Foundation has been enhancing the lives of older adults in Canada. We fund critical research and innovative community programming through our donor-supported grant program. To date, we have funded:

9 grants social isolation research & programs \$275,000	6 grants geriatric research & training \$2.87 million
--	--

We are a registered charity and issue a tax receipt for every donation of \$20 or more.

McMaster Optimal Aging Portal



Dr. Google is not a reliable source of medical information. Sometimes, acting on what we find on the internet can be harmful to our health.

RTO has partnered with the McMaster Optimal Aging Portal to help provide our members with accurate, up-to-date information from a reliable source.

<http://optimalaging.mcmaster.ca/portal.html>

Strategies to improve the quality of life of older adults living with dementia

Dementia affects one in four Canadians aged 85 and over. It affects reasoning, judgement, and memory, and gets worse over time. For older adults living with dementia, depression, anxiety and agitation can arise due to the difficulty of learning new things, making decisions, loss of independence, and inability to complete daily activities. This can have implications on an individual's quality of life. For caregivers and care professionals, finding opportunities to maintain or improve the quality of life of people living with this condition is a priority.

To improve cognitive function and mental health in older adults living with dementia, there are several research-based strategies that may help. Non-drug options include visual art therapy, massage therapy, and computerized cognitive training (a set of standardized tasks on computers or mobile devices intended to 'exercise the brain' in various ways).

Research evidence has shown that people with dementia can learn and retain new information when it's presented in a way they understand. As such, people with dementia shouldn't be excluded from conversations and decision-making related to their health. This involvement can help improve their health outcomes and quality of life.

[Click here for more information from the McMaster Optimal Aging Portal.](#)

Revenge can be bitter sweet. But if you sit back and watch, Karma can be pure entertainment.

Paraprosdokians

Figures of speech in which the latter part of a sentence is surprising or unexpected

- Where there's a will, I want to be in it.
- Since light travels faster than sound, some people appear bright until you hear them speak.
- If I agreed with you, we'd both be wrong.
- Knowledge is knowing a tomato is a fruit. Wisdom is not putting it in a fruit salad.
- They begin the evening news with 'Good Evening,' then proceed to tell you why it isn't.
- In filling out an application, where it says, 'In case of emergency, notify:' I put "DOCTOR."
- I didn't say it was your fault, I said I was blaming you.
- Women will never be equal to men until they can walk down the street...with a bald head and a beer gut, and still think they are sexy.
- Behind every successful man is his woman. Behind the fall of a successful man is usually another woman.
- A clear conscience is the sign of a fuzzy memory.
- You do not need a parachute to skydive. You only need a parachute to skydive twice.
- Money can't buy happiness, but it sure makes misery easier to live with.
- There's a fine line between cuddling and...holding someone down so they can't get away.
- I used to be indecisive. Now I'm not so sure.
- You're never too old to learn something stupid.
- To be sure of hitting the target, shoot first and call whatever you hit the target.
- Nostalgia isn't what it used to be.
- Change is inevitable, except from a vending machine.
- I'm supposed to respect my elders, but now it's getting harder and harder for me to find one.

With the rise of self-driving vehicles, it's only a matter of time before we get a country song about a man's truck leaving him.

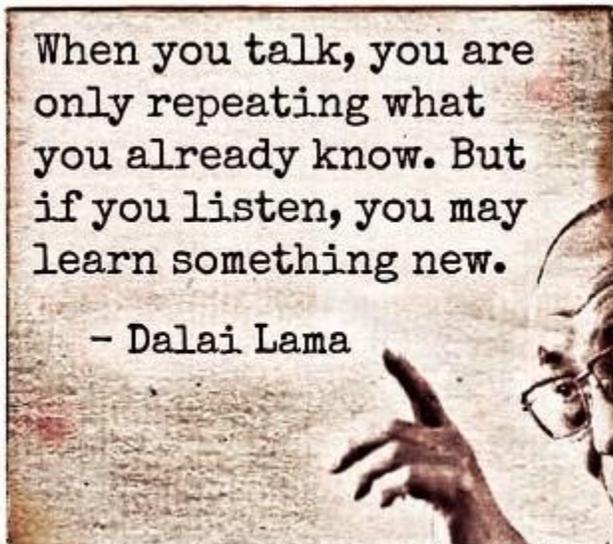
New RTOERO white papers shed light on healthy aging

How can Canadians age the best? That's a critical question for a country where almost 18% of the population is over 65, heading to 20% within a few years and 25% by mid-century. Canadians are living longer, and as they do they also need to live better. To explore how, RTOERO released four white papers to look at different dimensions of healthy aging:



- The health coverage gap: How Canadian retirees can protect themselves against the inevitable
- 5 ways to think about retirement planning...and money isn't one of them
- Healthy at any age: Understanding wellness across the lifespan
- The nuances of ageism: How intersectionality can impact the experience of aging

Find the white papers in the resource section on the RTOERO website at rtoero.ca/resources.



Giving strategies for today and tomorrow

... by Shirley Hamilton

A webinar was presented on Dec. 9, 2021 by the RTOERO Foundation featuring Paul Nazareth, MFA-P, vice-president, education and development for the Canadian Association of Gift Planners.

Paul explained how you could harness the strategies and benefits of personal generosity in order to optimize how you volunteer, give, and provide help, to the next level.

There are several ways to achieve this. The Canadian government allows you or your estate to deduct tax credits against your income tax. Professionals, such as a tax advisor, a financial planner and an estate lawyer, should be able to guide you in making the decisions that resonate best with you.

To see this webinar, visit the RTO's Foundations webpage and click on the link "*Webinar: How to create a giving strategy that works for today and the future.*"

Connect with the RTOERO Foundation on social media

Did you know the RTOERO Foundation has its own Facebook group?



The Foundation posts information, news and resources that highlight seniors' issues, with a special focus on geriatric research and social connection. It also provides updates on the work of the Foundation, including the latest news on its granting program.

You are encouraged to join the conversation if you haven't already done so. Just a reminder that our social media accounts are not limited to only RTOERO members. So, if you know someone who has similar interests, please feel free to share the link below and invite them to join.

Join the Foundation Facebook group: facebook.com/groups/rtoerofoundation

Don Benson: a career of change

Don Benson came to Peterborough to teach Industrial Arts at the former Mays School, (now replaced by a dental office beside current Shoppers Drug Mart on Lansdowne Street) and went on to become principal of five elementary schools in Peterborough County over a period of twenty-four years. As a principal, Don believed in empowering his teachers and was a prime mover in promoting changes in how schools were organized to further educational innovation to individualize student learning.

Don played a leading role in creating Trent Valley Centre, an early regional centre of OISE, during which a pioneering program, project POISE (Peterborough Operation for the Individualization of Student Education), was formed.

According to an OISE report at the time, POISE was unique in the province, country and the world.

Seconded for a year to the TVC as POISE Coordinator, Don was able to visit schools and work with a team of principals to identify and assess the problems to be solved in providing individualized education, identify develop some of the skills required by teachers to redesign the school program to meet better the individual students' needs, to ascertain and utilize community resources that might be called upon to support innovation and to redesign the school program and to develop means of assessing each educational program. In a Peterborough Examiner article in 1968, Dr Hank Hedges, a member of the Hall-Dennis Commission, said the POISE philosophy seems to be the same as the Hall-Dennis report, even though it was organized before the report.

Through the Trent Valley Centre, Don was instrumental in getting OISE to bring some of their M Ed courses to Peterborough, which was a great help to many of us, reducing the number of times we had to go to Toronto.

Don believed that the most important school was the one he was in as principal and he went to bat to see that the schools' needs were met. Don remembers one epic long battle at King George finally getting the city to repair a broken curb at the corner of Hunter and |Armour and another transforming a "lake" at Keith Wightman into a safe playground for students.

Don also believed in creating a positive relationship between his schools and the community, fostering an "open house" approach as a best method of reaching parents and responding to their concerns. However, he does remember not being much help to one parent who wished him to keep the children quiet on the playground because her husband worked nights and wanted to sleep.



Don Benson, Trent Valley Centre

Don has lived on a 100 acre farm in Douro since 1959 and has major interest in teaching about and protecting and preserving our environment. He co-authored a book "Teaching Outdoors: How, Why, Where and When".

He has continued to pursue this interest in retirement, following research on environmental and nutritional issues and making a presentation to Peterborough County on safe ATV usage last April. Among his community involvement is helping to make the current Douro arena a reality

One newspaper interviewer wrote "Don is a soft-spoken man, calm in demeanor and a good listener." Those of us who have had the opportunity to work with him would agree and also add that he was a highly effective and supportive leader and great to work with.

District Christmas Luncheon

December 9, 2021
Peterborough Curling Club



Christmas Luncheon photos taken by Lorna Izzard and Barb Lohnes.





... by Audrey Moore

Are you feeling isolated or lonely in the Pandemic?

Are you confused or challenged by your Computer, Tablet, iPad or cell phone?

Would you love to have a teenager in the house for an hour in your day?

There is an organization called Cyber Seniors which can answer these questions.

I first heard of this organization, in 2011, as an RTO/ERO Peterborough District 36 Executive Member. I attended an RTO/ERO Senate in Toronto with other representatives from RTO/ERO districts. Two sisters presented their project for High School Volunteer Hours to our gathering. They had realized that their grandparents and others of that generation were asking for assistance in using their computers and other newer technologies. Using the internet relieves the isolation that can occur. They devised a program and enlisted other students to visit 2 local Senior Communities in Toronto. They would visit the older person and tutor them in the use of their computers to connect with the outside world, connecting them with family, friends, and beyond via email, Facebook, Skype, etc. This

would teach them how to tutor, relate to older people, and fulfill their 40 hour work requirement for Graduation.

Last Spring when the lockdown occurred, I received something in my email from Cyber Seniors with a schedule for Webinars via Zoom on various technological topics. I was amazed to learn the growth from one Toronto high school to across Canada and now to even the United States. More than 10,000 Seniors have been using the service since April 2020. The Webinars are free, and the topics now included Exercises, Movies, Books, Community Chats, Virtual Tours and Tech One on One Sessions. A session is one hour long with 20 minutes of input for the whole group, 20 minutes in a breakout room where discussion can occur and 20 minutes back in the main 'room'.

I have been registering for the sessions that are of interest to me since the lockdowns with Covid began. If you are interested check out the Website for this week's schedule and check out their Website at www.cyberseniors.org. A third sister has created a fun and moving documentary "Cyber Seniors" of the first encounters. The success of the program has led to a YouTube channel devoted to the Cyber Seniors community.



RTOERO webinar recordings available

Missed some of RTOERO's live webinars in 2021? Don't worry! The recordings are now available on the website. Go to rtoero.ca/resources/videos. Recent additions include:

- Ageism and intersectionality
- Building an eldercare system that actually cares
- Practical ways to address the growing epidemic of loneliness and isolation in older adults
- Self-care throughout the retirement journey
- Sustaining your finances throughout your retirement
- Why you need a benefits plan after age 65
- The Women's Age Lab and gendered ageism with a focus on older women presented by the RTOERO Foundation
- Paths to wellness for older persons: mind, spirit
- Saving the forest...saving us



Submit your photos to the ACER-CART Canadian Photo Gallery

The ACER-CART Canadian Photo Gallery is online! Thank you to those who have submitted photos.

The past two years have not been easy, but this project celebrating the beauty of Canada has potential to make us all feel better.

The ACER-CART communication committee invites all to visit [ACER-CART Home - ACER-CART](https://acer-cart.org). Follow the links to learn how to participate and to enjoy the photos already submitted.

ASSOCIATION CANADIENNE DES ENSEIGNANTES ET DES ENSEIGNANTS RETRAITÉS
CANADIAN ASSOCIATION OF RETIRED TEACHERS



Do you enjoy taking photos of our beautiful Canadian landscapes? ACER-CART invites you to submit up to five of your favourite local landscapes to be shared on their website.



For more information: acer-cart.org



On behalf of [Food For Kids Peterborough and County](#), THANK-YOU for your continued support for local student nutrition programs.

Despite the many challenges of COVID19, and when schools closed, Food for Kids continued to work with schools and community partners to help feed hungry students. School food boxes with local produce and cheese fed at-school learners. Vulnerable families of school-age children received food baskets for at-home learners, grocery gift cards and fresh produce boxes. The [Food for Kids Peterborough and County Student Nutrition Programs Annual Report 2020-21](#) provides more details.

The 2021-2022 school year is in full swing, and all 50 local student nutrition programs are once again serving healthy food to hungry students. This impressive feat shows our community's commitment to health and well-being of children and youth.

Your support helps school-aged children establish healthy eating habits that will last a lifetime. We appreciate you!

Luisa Magalhaes, RD
Registered Dietitian,
Peterborough Public Health

Don't use a big word when a singularly unloquacious and diminutive linguistic expression will satisfactorily accomplish the contemporary necessity.

Next time you're afraid to share ideas, remember someone once said in a meeting, "Let's make a film with a tornado full of sharks."

The way to torment pessimists is to top off their glass every time they look the other way.

Peterborough District High School Merit Awards 2022

... by Audrey Moore

Since 2011, **RTO/ERO D36 Peterborough** has presented **Merit Awards** to deserving high school graduating students. Usually, a member of the executive presents the award at the Commencement Ceremonies at the schools. The program began with Crestwood Secondary School and now includes all our local high schools and PACE (Peterborough Alternative and Continuing Education) at PCVS.



The award recognizes a student who is positive, helpful, demonstrates good citizenship and has made the school a better place by treating others with respect and dignity. **It is meant for a student who has not received multiple graduating awards.** These Commencements have been virtual for the past two years. We have had the schools present the Award on our behalf. Recognizing the extra challenges students have been experiencing with virtual schooling during the COVID-19 Pandemic, District 36 executive increased the amount of the cheque which accompanies the Merit Award to \$200.00.

We have received notes of recognition and appreciation from the school staffs and/or recipients for our continued support of education through the RTO/ERO D36 Peterborough Merit Awards.

Peterborough District 36 of the Retired Teachers of Ontario also has recognized the winners of the **'Best of High School Art'** Show organized by KAGS - Kawartha Artists' Gallery and Studio. Unfortunately, in 2020 and 2021 this competition did not happen. We hope that KAGS will become operational as the Pandemic subsides.

Membership Changes

Information taken from RTOERO office updates since our last newsletter.

New Members



Leanne Decker

In Memoriam

We extend our heartfelt sympathy to the family and friends on the passing of our colleagues.

**Audrey Ashdown
Marilyn Challice
Margaret Finn
Terrance Lippert
Carol Madely
Joseph Moloney**

A duck is standing by the side of the road, contemplating crossing it. A chicken sidles up to him and says, "Don't do it. You'll never hear the end of it."

I don't normally brag about going to expensive places... but I've just left the gas station.

Chocolate is vital for our survival. Dinosaurs didn't have chocolate and look what happened to them.

What happens when a doctor's wife eats an apple a day?

Went past a café earlier advertising an all-day breakfast. I thought, "I haven't got time for that."



Keeping in touch

Have you moved, changed your phone number or email address?

To help us stay in touch and to continue receiving your copy of our provincial magazine *Renaissance* and our *District News*, please make sure to let the provincial office know of any changes in your contact information.

Call **1-800-361-9888** or update online at rtoero.ca.

Goodwill

If you know of any member who is seriously ill or shut-in, please notify our Goodwill Chair, **Judy-Anne Tumber** at **705-652-1995**. Please let us know of the passing of any of our members so we can make a charitable donation in their memory.

Become a Green Member

Get your newsletter faster & in colour

Please join those who have switched to the online edition, by e-mailing

rto36.communications@gmail.com

District 36 NEWS

We publish four times a year for members of Peterborough District. Articles for publication should be submitted to the editor a minimum of two weeks before each issue. Articles may be edited for length.

Editor: **Martin Higgs** 705-748-9282

rto36.communications@gmail.com

Peterborough District Executive & Board		
President / Political Advocacy	Lorraine Knowles	705-930-7582
Past President	Karen Vandenberg	705-748-3377
Vice President		
Treasurer	Annette Thomson	705-304-1608
Secretary / Social Media / Membership	Hilda Jolley	705-745-0202
Awards	Audrey Moore	705-745-4516
Foundation	Shirley Hamilton	705-742-6261
Goodwill	Judy-Anne Tumber	705-652-1995
Health Benefits	Kathryn Reynolds	705-743-9620
Membership	Hilda Jolley	705-745-0202
Newsletter Editor	Martin Higgs	705-748-9282
Publicity / 80+ Birthday	Barb Lohnes	705-742-9762
Social	Georgina Eldridge	705-743-1629
Website	Lorna Izzard	705-875-1187
Members at Large	Barry Breen	705-874-0305
	Ceris Higgs	705-748-9282
	Lynn Self	705-749-6532
	Pat Smith	705-748-5964
RTOERO National Office		
Board of Directors	Martin Higgs	705-748-9282
Member Services Committee	Georgina Eldridge	705-743-1629
Benefits Committee	Lorraine Knowles	705-930-7582

Newsletter Editor
1004 Hatfield Cres.

Contact Information

Peterborough RTOERO

<https://district36.rto-ero.org>

(Local news & events & links)

Email: president36@districts.rtoero.ca



RTO Peterborough
District 36

RTO/ERO Peterborough or
@PtboRTO



RTOERO

www.rtoero.ca

1-800-361-9888

(Provincial news & services)

Johnson Insurance

www.johnson.ca

1-877-406-9007

Ontario Teachers Pension Plan

www.otpp.com

1-800-668-0105

Best Doctors

www.bestdoctorscanada.com/rto-ero

1-877-419-2378

Global Excel Management

1-877-346-1467

